

**Treatment Referral Form** 

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Prince Frederick (410) 414-9229 Frederick

(301) 638-4400 Leesburg

Waldorf

(301) 668-9988

(703) 443-8000

Patient Name:		Phone:	
Treatment Status	Routine	☐ ASAP ☐ STAT	
DIAGNOSIS	<ul> <li>☐ Facet Syndrome</li> <li>☐ Spinal Stenosis</li> <li>☐ Degenerative Disc Disease</li> <li>☐ Myofascial Pain</li> <li>☐ Herniated Disk</li> </ul>	□ Radiculopathy □ Other:   □ Fibromyalgia □ Post Herpetic Pain   □ Pelvic Pain □ Abdominal Pain   □ Spasticity	
CONSULTATION	☐ Consultation Only	☐ Consultation & Medication Management	
EVALUATE & TREAT	☐ Epidural Block Cervical Thoracic Lumbar ☐ Facet Block Cervical Thoracic Lumbar	<ul> <li>Selective Nerve Root Block</li> <li>SI Joint Injection</li> <li>Occipital Nerve Block</li> <li>Discogram</li> <li>Radiofrequency Rhizotomy</li> <li>Other:</li> </ul>	
IMPLANTABLE THERAPY	☐ Intrathecal Pump	☐ Spinal Cord Stimulator	
Referring Physician:			
Referring Physician Signature	e:	Date:	
NEW PATIENTS:	Please bring the following items with you to your first appointment  This completed Treatment Referral Form  Current health insurance card and valid photo identification  Applicable insurance referrals and authorizations  Written reports of any MRI, X-Ray, CT-Scan and/or EMG studies  List of all current medications and any previous pain management physicians  Visit Us Online  Print out and complete your New Patient Packet  Locate maps & directions to our convenient offices  Research answers to questions you may have about pain management		

## **Know the Signs of Chronic Pain**

- Persitence of pain well after an injury has healed
- Tense muscles
- Limited mobility
- Lack of energy
- Changes in appetite



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Chronic pain may originate with an initial trauma/injury or infection, or there may be an ongoing cause of pain. Some people suffer chronic pain in the absence of any past injury or evidence of body damage. Common chronic pain conditions include; headache, lower back pain, neck (cervical spine) pain, cancer pain, and arthritis.

# **Newbridge Spine & Pain Center Locations**



### Leesburg

161 Fort Evans Rd, NE, Suite 340 Leesburg, VA, 20176 Phone (703) 443-8000 Fax (703) 443-8100



#### **Frederick**

196 Thomas Johnson Drive, Suite 215 Frederick, MD 21702 Phone (301) 668-9988 Fax (301) 668-9977 TTY (800) 201-7165



#### **Prince Frederick**

80 Sherry Lane, Suite 101 Prince Frederick, MD 20678 Phone (410) 414-9229 Fax (410) 414-9339 TTY (800) 201-7165



#### Waldorf

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